

Over The Garden Wall

February, 2019

Patti Wolczuk, President 778-574-1188 Linda Martin, Secretary 604-541-6315 Lorna Bury, Treasurer 604-531-0216

President's Message

Why Join?

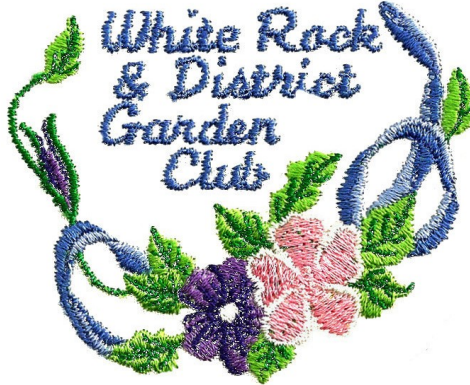
I was brought up short the other day when someone said: "Why join a garden club these days? You can look up anything you want on the internet." I realized that membership in the Club is not just about plants or gardens. I like the **people** who like plants and gardens. We share a common bond. With whom else can you share the joy of finally getting strawberries to thrive in a balcony pot or the delight in watching a big bumblebee wiggle in and out of a snapdragon? Yes, we join the Club for sharing knowledge, as we and our gardens mature, both about gardening and many a life lesson. That's worth its weight in gold.

Potluck

Our January potluck was a success thanks to all of you who brought goodies and helped cleanup. Special thanks to Bernice and her helpers and the decorating team.

Great Year

It is going to be another great year at the White Rock and District Garden Club. Tim says the membership is at 60 with almost everyone renewing plus 4 new members at the last meeting. Margrit, our program Director has confirmed this year's speakers and plans an exciting bus trip for everyone plus car pool adventures and member 'open gardens' (remember to look for the beauty not the weeds). John is recovering and the Newsletter is back on schedule. Mary O. has much propagation underway for the May Plant Sale. She has so many things growing that she is watering twice a week; any volunteer plant-sitters available? Donna, our



Show Director, will be posting the complete Show schedule next month and announcing a special fun growing contest. Margaret and Darlene have the show procedures and awards in order. We will be updating some of our informational materials and adding a new feature or two to our meetings. Our Publicity

Director has resigned for family reasons and we are seeking a replacement. This can be a shared position and is a great way to be involved.

We will be sending delegates to the BC Council of Gardens Visioning Workshop in February and to their AGM in April. The Website Working Group has completed their interim report in which they have addressed our members' concerns about developing a website especially privacy and costs. That Report is attached to this Newsletter and will come forward for a vote at the next meeting. Collene, our VP, will

be handling the vote. I urge you all to read it and call/email me if you have any remaining issues. Lorna, our esteemed Treasurer, has the books up to date and indicates that the Club is in a solid financial position. This is due to all your hard work, commitment and volunteer efforts. Thanks to everyone for all that you do to support the Club.

*Patti Wolczuk,
President*

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Website Vote

Proxy

If anyone cannot attend the General Meeting on February 12th, they can call or email Collene Ford (778-294-7339 cclfd@shaw.ca) and state who will be their designate for the Website Vote.

Collene Ford, VP

Plants Plus

Hearts & Flowers

February, the month of hearts and flowers (roses) and candy (chocolate) and romance. We've received a donation of jewelry, some fitting into this month's Valentine theme. Do you have some to donate?



Also looking for Romance Novels (or other best sellers), as well as Candy Boxes and Jewelry Chests.

Some plants have heart-shaped leaves: Brunnera Jack Frost, Siberian Bugloss, Epimedium, Sweetheart Hoya (succulent) and Cyclamen are some examples. Have any to share?

Mary Openshaw, Plants Plus

Letter

From New Member

Thank you for letting me join your club. My neighbour, Ozanna, invited me to the plant sale in May.

I purchased many plants and I am so happy with them. One was a small "stick" about thumb width with a tiny leaf and a "Trumpet Plant" tag. It is now over 5 feet tall and had

over a dozen 6" long white blooms. It is beautiful and I am delighted. The second plant was a "chopstick" sized twig with a small leaf and it said "Hydrangea". It has grown into a small bush, no blooms, but it is thriving. I am pleased that these "orphans" were so well rooted that they thrived in my haphazard garden. I am impressed with the quality of the plants and the sale.

Ozanna has been handing me cuttings & plants for a few years and all thrived. She invited me to the November meeting. I felt so comfortable and welcomed I decided to join.

It takes just a few minutes to invite someone and you never know, they may love it as much as you all do. Thank You.

New Member

Bees

Let's All BEEEE Happy

Hopefully you all read the article on Bees by Kevin Thompson which appeared in the Peace Arch News Wednesday, January 30th. Kevin has placed two hives in our yard, which has turned out to be a wonderful new hobby. We have learned so much in less than a year, plus enjoying some honey on our toast! We are planning a backyard demonstration by Kevin for this summer for garden club members. In the meantime, please learn all about the flowers that bees enjoy, and haunt the nurseries to purchase as many as possible.

Beefriendly.ca/25-plants-for=bees

Donna Lawson, Show Chair

Volunteer Needed

Publicity Director

Sadly our Publicity Director has resigned and so we need a new person to fill this role and join the Executive. The duties of this position in our constitution are as follows:

"The Publicity Director shall be proactively responsible for all advertising required in the local newspaper, and various magazines and websites. Advertising shall be prepared as needed for monthly meetings and for functions and annual fundraisers. They shall also arrange for the making and distribution

of posters for display at any sales and events held in the year. They shall give a Report to the Vice-President for the December Meeting." '

This requires a little time setting things up for the year, as well being part of the club Executive, participating in discussion and decisions in the running of the club, meeting on the last Tuesday of each month (August to May). Of course if you have new ideas for promoting our club that would be an added bonus. Each of our members have something to contribute, depending on their skills and interests. If this might be an area you are interested in, please join the Executive. The whole Club will Thank You.

Melanie Rantucci, Past President

Your New Executive

These are the people who volunteered to help make our club run smoothly. Without them, we would not have a club - Thank You.

Officers

President	Patti Wolczuk
Vice President	Collene Ford
Secretary	Linda Martin
Treasurer	Lorna Bury
Past President	Melanie Rantucci

Directors

Membership	Tim Roark
Newsletter	John Davidson
Plants Plus	Mary Openshaw
Program	Margrit Elmiger-Isert
Publicity	(need volunteer)
Show Chairman	Donna Lawson
Show Secretary	Margaret Maddocks
Trophies, Prop.	Darlene Chamberlain

Committees

Decorating	Iris Peacosh
Equipment	Ken Parker
Greeters	Eileen Davidson
	Louise Long
Historian	Mary Joe
Kitchen	Bernice Day
Phoning	Nan Devereaux
Sunshine	Rosemary Milsted
Raffle	Claire Muirhead
	Sharon Stanley

Tidy-Up

Heike Czisch
Yvonne Pont, Past President

Show Committee Report

New Schedule

The show schedule for 2019 will be included in the March newsletter. (It's a good idea to check it all out and plant your garden accordingly). Please remember the new full page entry forms and new slips for entries **must be used this year**. This makes bookkeeping much easier. The April Spring Show and September Fall show will be awarded 1st, 2nd and 3rd ribbons and in the June, September and November parlour shows - every entry will receive a mark. Any questions, call Donna (538-8858) or Margaret (535-9796).

Donna Lawson, Show Chair

New Members

A Big Welcome to:

James Chen
1306 - 129A Street
Surrey, BC V4A 3Y6
604-531-3356 james.chen888@yahoo.ca

Johanna Mramor
1936 - 141A Street
Surrey, BC V4A 7R4
604-536-4067 johannamramor@telus.net

Pat Yorke
1413 Kerfoot Road,
White Rock, BC V4B 3L5
604-531-4979 psyorke@gmail.com

Hilary Callihoo
95 - 2303 Cranley Drive
Surrey, BC V4A 8X8
604-536-8852 hilarysea@shaw.ca

Anne Wiese
1578 Stevens Street
White Rock, BC V4B 4Y5
604-536-8160

Tim Roark, Membership

Speakers List 2019

February 12, 2019

Ornamental Grasses and Care
Randal Atkinson

March 12, 2019

Backyards for Bees, Birds, Hummingbirds
Kathy Steele

May 14, 2019

Photography Basic with Q and A
Rob Hebden

October 8, 2019

Orchids for the Home
Margaret Nakahara
Margrit Elmiger-Isert, Program

Juicy Bits

Gardening – Centenarians' Favorite Hobby

By taking up this hobby, you too might live a longer life. But that's not all. Centenarians who enjoy this hobby regularly also enjoy a 36 percent lower risk for dementia and are one-third less likely to have a chronic disease.

- Growing your own food has many rewards, including providing you with fresher, uncontaminated produce, cutting your grocery bill, increasing your sense of well-being and slashing your risk of depression
- Research shows gardening is the most common hobby among centenarians around the world, suggesting the benefits it provides may help maximize your longevity as well
- Gardening fulfills several healthy lifestyle criteria, including sun exposure, a supply of fresh, uncontaminated food, exposure to beneficial soil microbes, physical activity, social contact, stress relief, life purpose and life satisfaction
- To grow nutrient-dense food you need healthy soil. The five basic principles to

growing topsoil and building a healthy soil ecosystem in your garden include avoiding disturbing the soil microbiome, protecting the soil's surface, plant diversification, maintaining living roots as long as possible and incorporating plants that attract beneficial insects

- One of the simplest and most inexpensive gardening alternatives is to grow your own sprouts, which are also among the most nutrient-dense foods available .

from Mercola Newsletter, January 11, 2019

John Davidson, Newsletter

More Healthy Gardening



"I had to dig it all by hand."

Jim Unger, The 1st Treasury of Herman

John Davidson, Newsletter

Next Meeting

February 12th, at 2pm

Doors Open at 1pm
Cranley Place Hall, 2141 Cranley Drive,
Surrey.

Feel free to bring home made goodies to spice up our tea/coffee break. Remember to bring your own cup to save money and the environment.