Over The Garden Wall

September, 2019

Patti Wolczuk, President 778-574-1188 Linda Martin, Secretary 604-541-6315 Lorna Bury, Treasurer 604-531-0216

President's Message

September, 2019

What a fun and active summer! The climate was just right for a lot of projects to get done and due to the hard work of our members, we had some great adventures, too.

Margrit planned a great field trip to the



Nitobe and UBC
Botanical
Gardens.
Beautiful settings
plus lots to learn
about these
amazing gardens
near our area.

Donna invited us to her home for the Bee Picnic. With her co-conspirators help, it proved to be good fun and a fine educational experience

due to a knowledgeable speaker, Kevin Thompson, on bee life and enhancement. If you couldn't attend, the



handouts that John distributed via email make interesting reading.

And a big thank you to Johanna Mramor who invited us to her home for an open garden and great information on vegetable growing



in raised beds with a unique watering system they developed. New information coupled with a lovely afternoon and goodies, too. The

summer flew by.

Fall

Fall promises to be equally interesting as the Executive is busy planning new activities. The next meeting will be a parlour show and the Mall show is also planned for September. Melanie has a great idea for a fun workshop in early October. Mary O. is

urging us to get working on garden art, tools and found items to donate for Plants Plus in October. Margrit has planned the October speaker and is working on the Christmas entertainment already.

Club members are also working hard to deliver a wonderful website this fall. The preliminary test site is a winner and I am sure will be useful to all. Input from members is welcomed by the Website Working Group. The site will include features like information on upcoming events, our history, wonderful photos, how to join and benefits of membership for your friends who are considering membership and much more.

Hopefully we will have a preview for you at the meeting (if technology permits). It promises to be an exciting fall at the WRD Garden Club. Looking forward to seeing you at the next meeting on September 10th. The meeting starts at 2pm but parlour entries must be in **before** 1:30pm.

Patti Wolczuk, President

In This Issue

- President's Msg
- Your Club
- October Speaker
- New Members
- Wasp Trap
- Show News
- Plants Plus
- Winners
- Juicy Bits
- Next Meeting

Your Club Needs You!!!

Be Part Of The 2020 Executive

It's that time of year again, when we must look toward the coming year and find a fresh group of members to lead our club. As Past President it is my job to recruit a roster of members who would put their names forward for election for vacant positions on the Executive. This is the group of people who helps plan activities, handles the money and budgeting, and discuss issues facing the club.

Please consider becoming part of the Executive. You will become a valued part of a group of people passionately working to make our club a fun and interesting activity in our community. There will be lots of help doing what is needed - it is all carefully written down and others can help explain what needs to be done. It just requires a little of your time each month - one extra day for a meeting of Exec and a little time to prepare sometimes. No one is alone in their role - the Executive help each other do what needs doing. You can even share a role with a friend if you prefer. Ask past and present members of Executive what roles you might take and what is involved.

Please, please become part of the team that makes it all happen! The survival of our club depends on it, because without an Executive, the club would have difficulty continuing. Without this group, there would be no club .. it simply cannot run. Different people in the club have different skills and interests .. some don't mind taking minutes, or keeping accounts, or fund raising, or promoting the club, or organizing. What is your strength?

Call Melanie, 778-846-5076 or email mjrpharm@telus.net to discuss where you can contribute or contact any Executive member to learn more.

Melanie Rantucci. Past President

October Speaker

Mark Your Calendar

Margaret Nakahara will speak on Orchids For Your Home at our October 8, 2019 meeting.

Margrit Elmiger-Isert, Program

New Members

Welcome to:

Denise Douglas 20677 - 38A Avenue Langley, BC 604-530-1891 denisecdouglas@hotmail.com

Michele Palmer 14200 - 18th Avenue Surrey, BC V4A 7C1 604-531-6917 spunky22@shaw.ca

Virginia & Roy Jorgensen 1565 - 133A Street Surrey, BC V4A 6A3 604-836-1316 roy1701@telus.net

Kevin Thompson 15042 Royal Avenue White Rock, BC V4B 1L9 604-218-5704 hexagonhoney@telus.net

Tim Roark, Membership

Wasp Trap Formula

Info From Bee Happy

Kevin mentioned that wasps, although they have their place in insect control, are deadly enemies of bees and will decimate a hive. If you wish to control wasps in your garden, Kevin mentioned a wasp trap formula that he has found effective, as follows:

Mix:

- 1 cup apple juice
- 1 tsp sugar
- a drop or 2 of dish soap
- add a bit of bacon or other meat protein
- Stir

Place in commercial wasp trap or your homemade trap. Several online e.g. one made from a two litre soft drink bottle.

Donna Lawson, Show Chairman

News From The Show Chairman

Fall Show

Hints for entering Dahlias in the Fall Show:

Flower centre should be directly in

- middle of bloom (not lopsided) closed bloom and no green centres.
- Colour should be clear, clean and vibrant, and not dull, greyed, faded, blotchy, streaked or with burns or colour bleeding. Spacing of flowers should be uniform. No buds should be shown on stem.
- The bloom in Pom pom and Ball varieties must face upwards, not drooping, and stem should be directly in the centre of the flower at the back. All other blooms should be 45 percent to the stem.
- The flower stem should be shown with the first set of leaves intact, do not add a separate stem of leaves to the entry.

Volunteers Needed

We are looking for volunteers to help at the Fall Show (two hour shifts) there will be a sign up sheet at the meeting.

Photo Contest

Photo contest on November schedule: Remember to take a picture of your favourite flower in your garden for our contest (single flower) photos to be handed in at the October meeting.

September Parlour Show - Cranley

No trophy for sweet peas will be given at this parlour show, as it was won in April Spring Show for perennial variety. In 2020, the sweet pea perennial category will not be included in the schedule.

September Zinnia Show - Cranley

How many members were successful growing zinnias? We need to know if there are enough entries to have a contest.

The categories are:

- 1. Tallest straight stem
- 2. Largest bloom, measured diagonally
- 3. Oddest looking flower
- 4. Best vase of 3 cuts

Please let me know if you will be entering. Thank You

Donna: phone 604-538-8858 e mail: lawson.g@telus.net

Donna Lawson, Show Chairman

Plants Plus

Donations and Stuff

Looking for donations of zucchini and other garden produce (apples, herbs, plums, figs, pears, tomatoes, blackberries). Also donations of





bouquets of flowers and floral arrangements plus anything else you think will sell at our monthly fund raiser.

Mary Openshaw, Plants Plus

Winners

Name Tag Draw

Margret Maddocks, Show Secretary had her name tag drawn and is now the proud owner of a Streptocarpella Saxorum. The plant grows to a height of 6-12 inches, but it can spread wide to about 12 inches. The flowers grow to abut an inch long with a slanted tube running down the center of them. Most streptocarpella saxorum flowers bloom with purple colors, but there are some blue varieties as well. Not too much sunlight and keep thoroughly moist keeps the plant happy. Like African violets, their velvety leaves will discolor if you get water on them so best to water from the bottom.

Yvonne Pont for Iris Peacosh, Member

Rose & Bloom Show

Congratulations to:

Mary Joe - Best Red Rose

Bev Sass - F/A Novice

Marilyn Gillan - F/A Advance

Margaret Maddocks, Show Secretary

Juicy Bits

Food Nutrients

· The sad state of nutrient levels in food

- may be the result of a lack of microbial diversity in the soil, genetically engineered plants and multiple applications of pesticides and insecticides resulting in plants bred to increase yield rather than nutritional content
- The nutritional content of produce grown over 50 years was compared to current food products and researchers found a significant reduction in minerals; another comparison between 1975 and 1997 found significant declines in a number of nutrients including vitamin C, vitamin A, riboflavin and calcium
- Researchers hypothesize that the eroding nutritional content in food may be the result of soil erosion, air and water pollution, a decline in seed quality and GMO contamination. Each of these contributes to the killing of microbial life in soil that is essential to supporting plant nutrition
- Suboptimal vitamin and mineral deficiencies are a widespread problem contributing to poor health. The key to good health is consuming nutrient dense, organically produced food from a farm that uses regenerative techniques, protects pollinators and grows a diverse set of crops that act as natural fertilizers to build soil biodiversity and improve the nutrients in your food

Full article can be found in:

https://articles.mercola.com/sites/articles/archive/2019/09/02/how-dead-soil-toxins-reduce-food-nutrients.aspx

Fall Planting

- You can make the most of even a small garden by grouping your fall planting and considering peas, collard greens, spinach, cilantro and arugula to extend your harvest and fill your kitchen with flavor and health benefits
- Harvesting fall plants after the first or second frost may improve the taste of your vegetables and lengthen your growing season. Learn the dates of your average last spring frost and first

- fall frost to help determine planting dates for your garden
- Germination and growth of fall plants relies on soil temperature, the number of hours of sunlight and exposure to frost. Succession planting may mean staggering your planting of the same vegetable over two to eight weeks or planting the same or a different crop once the first has been harvested
- Consider a cover crop at the end of the season to improve the biodiversity of the soil, retain water and manage soil erosion. Traditionally these crops are planted after you've harvested your garden and four weeks before the first hard frost to allow the roots to get established. In the spring mow the crop, allow it to dry, rake the soil and plant directly in the garden, allowing the drying cover crop to act as a layer of organic mulch

Full article can be found in:

https://articles.mercola.com/gardening/fall-garden.aspx?

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Submitted by John Davidson, Newsletter

After Retirement

Eileen loved this but not sure why.

From Today's Senior Newsmagazine, June, 2019

> Submitted by Eileen Davidson, Member



I just had to get out of the house without him for awhile, Louise!

Next Meeting

September 10th, at 2pm

Doors Open at 1pm Cranley Place Hall, 2141 Cranley Drive, Surrey.